

Planning Tool

Embedding Learning into Daily Routines

What is the routine?

Play routine: Taking turns knocking down blocks with a bat

What are the steps in the routine?

1. Sit and attend
2. Wait for turn
3. Hit the stack of blocks

Which skills are embedded in the routine and in which domains of the Autism/PDD criteria are they included?

Communication	Socialization	Behavior	Other Skills
<ol style="list-style-type: none"> 1. Attending 2. Communicating want ("more") 3. _____ 	<ol style="list-style-type: none"> 1. Turn taking 2. Waiting 3. _____ 	<ol style="list-style-type: none"> 1. Staying in area 2. (Attending; waiting) 3. _____ 	<ol style="list-style-type: none"> 1. Fine motor skills (holding bat and hitting blocks) 2. _____ 3. _____

How can you teach the routine? Here is the basic strategy:

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| <ol style="list-style-type: none"> 1. Model 2. WAIT 3. <i>Assist if needed</i> 4. WAIT 5. Reinforce with attention, touch, praise, tangibles 6. REPEAT |
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How will the family and your team track progress? Consider a simple chart.

Dates	8/9/10	8/10/10	8/11/10	8/12/10	8/13/10					
STEPS										
1. Sit/attend										
2. Wait										
3. Hit blocks										

How will you expand on the routine so that the child continues to learn new skills?

- Add a specific new skill to the routine. Focus on communication.
- Add another step to the routine.
- Increase the environmental structure.
- Provide less assistance.
- Introduce a new person to the routine.
- Do the routine in a new setting.
- Use non-verbal cues instead of verbal directions.
- "Sabotage" the process. Leave something out and see what happens.
- Increase your wait time.
- Move away from the child. Pretend that you are not paying attention.
- Include siblings or other family members in the routine.
- Change the pacing of the routine. (e.g., Move it along more quickly.)
- _____
- _____